



*****TRAVEL CORNER*****

If you haven't received a copy of our travel schedule or would like information please call 203-1179

Swim & Water Aerobics Class has EXPANDED
To Mondays and Thursdays
Same time, Same Location
For First Ward Members Only!



Craft Store

The First Ward Craft Store is now open each day from 9:30-12:30. All of the items are handmade and reasonably priced. Items range from dishcloths to baby items. Each season and holiday has added merchandise. Not familiar with the store? Come check it out, its located inside the Clinton St. entrance.

CALLING ALL DOMINOES PLAYERS!

Our Dominoes group meets on Friday's after lunch and is looking for new players. Please call the office or stop by for more details!!!

EVENING MEAL SEPTEMBER 28th

5:00pm

Rotisserie Chicken

Baked Beans

Red Potato Salad

Chocolate Cream Pie

Rick Pedro 5:15 PM

Breakfast for Lunch is held every Monday

No Reservations Required

Serving 10:30am TO 12:30pm

BRING A FRIEND!

September Dates

1st- Executive Board 9:30am
 6th, 13th, 20th, 27th- CHOWbus Market 11-12
 7th- Immunization Speaker 12:15pm
 7th- Social Club 1:00 pm
 12th, 19th, 26th- CCE Healthy Cookbook Lessons
 12th- Scarlet Bonnets 1:00pm
 13th- Blood Pressure Screenings 10-11
 14th- Legal Aid (by appointment) 9:00 am
 15th- Philly Cheese Steak Day 11:45am
 Entertainment: TBD
 20th- Cross Fit for Seniors Demo
 21st- Apple Fest 11:45am
 Entertainment: TBD
 26th- Sausage with Biscuits and Gravy 10:30am
 28th- Evening Meal 5:00pm
 Entertainment: RICK PEDRO 5:15

SPECIAL BREAKFAST FOR LUNCH!!

September 26th

Sausage with Gravy & Biscuits

September 15th Philly Cheese Steak

No Reservations Required

Served with Baked Potato w/Sour Cream

Tossed Salad

Key Lime Pie Cup

